



OverLook Swim & Tennis Club Summer Programs

Offering Professional Tennis Instruction for all ages & levels in the community



Belmont Fitness & Tennis will continue offering Tennis Instruction for the OverLook community this Summer & Fall 2012. I really appreciate the continued support & participation we have received since starting back with our 2012 Spring season. I look forward to a Fun & Exciting Summer season and can't wait to see you on the court.

We also offer Lesson Programs in Belmont at 204 Park Drive, 28012 (Davis Park)



NOW ACCEPTING REGISTRATIONS
Sign your Future Tennis Star up today !

Youth Tennis Day Camp (all skill levels ages 4 -14)

Tuesday's/Friday mornings beginning June, 19th 2012

**Note – Classes will not meet July 1st-July 9th.*

This camp is for all Beginner and Intermediate juniors

Children will have a great time learning the game of tennis. Skill concentration will include forehand, backhand, volley & serve. They will also learn the basic rules of tennis & participate in various drills & tennis related games designed to enhance their skills & promote continued participation in the sport. Tennis etiquette is highlighted & expected throughout camp. Bottled Water will be provided.

Belmont Fitness & Tennis certified USPTA Teaching Pro's will direct the camp. Jr. Assistants will also assist lead Instructors. We are certified in Infant, Child, & Adult CPR & First Aid.

- **Kinder Tennis** (ages 4-6) **9:00 am - 10:00 am** Tues/Fri (Fees: \$12 per class / or \$20 per week)
- **Rising Stars – Future Aces** (ages 7-14) **9:30 am – 11:30 am** Tues/Fri (Fees: \$24 per class / or \$40 per week)
 9:30am–10:30am Warm-Up, Forehand and Backhand instruction, basic volley & serve skills, tennis related games
 10:30am–11:30pm Match play, point drills, live ball play, Group games & challenges

Session 1: June 19/22 **Session 2:** June 26/29

Session 3: July 10/13 **Session 4:** July 17/20 **Session 5:** July 24/27 **Session 6:** July 31/Aug. 3rd

Session 7: August 7/10 **Session 8:** August 14/17

Chris Jones / Owner / Certified USPTA Tennis Professional

Belmont Fitness & Tennis

www.BelmontFitness.com

chris@belmontfitness.com

[\(704\)756.8671](tel:(704)756.8671)

Please visit www.BelmontFitness.com for complete schedule, pricing & additional information.

As always, no joining fees, no memberships, no expensive monthly dues – PAY AS YOU PLAY!

To Register for Classes or Camps: Please Call Coach Chris @ **(704)756.8671** -or- email: chris@belmontfitness.com

Also, offering Private, semi-private Instruction and personalized group instruction – call for pricing & availability

