



Belmont Fitness & Tennis Summer Programs

Offering Professional Tennis Instruction for all ages & levels in the community Belmont Fitness & Tennis is offering Tennis Instruction for the community this Summer & Fall in partnership with Belmont Parks & Rec. I really appreciate the continued support & participation we have received since starting back with our 2012 Spring season. I look forward to a Fun & Exciting Summer season and can't wait to see you on the court.



Summer Tennis Lesson Schedule effective June 20th 2012

Wednesday's beginning June 20th *Note – Classes will not meet July 1st-July 9th.

- **Kinder Tennis (Beginner)** (ages 4-6) **5:30-6:30pm** (Fees: \$10 per class)
 - **Rising Stars (Beginner)** (ages 7-12) **5:30-6:30pm** (Fees: \$10 per class)
 - **Adult Co-Ed Tennis Clinic** (Advanced Beginner – Intermediate level ages 15-up) **6:30-8:00pm** (Fees: \$10 per class)
- for more info on Adult Tennis visit: www.meetup.com/Southern-Tennis-Beginners



Saturday's beginning June 23rd *Note – Classes will not meet July 1st-July 9th.

- **Kinder Tennis (Beginner)** (ages 4-6) **9:00-10:00 am** (\$10 per class)
 - **Rising Stars (Beginner)** (ages 7-11) **9:00-10:00 am** (\$10)
 - **Future Aces (Beginner)** (ages 12-up) **9:00-10:00 am** (\$10)
 - **Adult Beginner Lessons** (ages 15-up) **10:00-11:00 am** (\$10)
 - **Jr. World Class Clinic** (Intermediate) (ages 12-up) **11-12:30 pm** (\$10)
 - **Adult Co-Ed Tennis Clinic** (Advanced Beginner – Intermediate level ages 15-up) **11:00-1:00pm** (Fees: \$10 per class)
- for more info on Adult Tennis visit: www.meetup.com/Southern-Tennis-Beginners



**All Classes listed above will be held at the Belmont/Davis Park location
(Davis Park / 204 Park Drive, Belmont, NC 28012)**



Davis Park Youth Summer Tennis Camp (all skill levels ages 4 -14)

Wednesday/Thursday mornings beginning June 20th /2012

Children will have a great time learning the game of tennis. Skill concentration will include forehand, backhand, volley & serve. They will also learn the basic rules of tennis & participate in various drills & games designed to enhance their skills & promote continued participation in the sport. Tennis etiquette is highlighted & expected throughout camp. Bottled Water will be provided.

Belmont Fitness & Tennis certified USPTA Teaching Pro's will direct the camp. Jr. Assistants will also assist lead Instructors. We are certified in Infant, Child, & Adult CPR & First Aid.

- **Kinder Tennis** (ages 4-6) **9:00 am – 10:00 am** W/Th (Fees: \$12 per class / or \$20 per week)
 - **Rising Stars – Future Aces** (ages 7-14) **9:30 am – 11:30 am** W/Th (Fees: \$24 per class / or \$40 per week)
- 9:30am–10:30am Warm-Up, Forehand and Backhand instruction, basic volley & serve skills, tennis related games
10:30am–11:30pm Match play, point drills, live ball play, Group games & challenges

Session 1: June 20/21 **Session 2:** June 27/28

Session 3: July 11/12 **Session 4:** July 18/19 **Session 5:** July 25/26 **Session 6:** Aug 1st/2nd

Session 7: August 8/9 **Session 8:** August 15/16

Chris Jones / Owner / Certified USPTA Tennis Professional

Belmont Fitness & Tennis

Please visit www.BelmontFitness.com for complete schedule, pricing & additional information.

As always, no joining fees, no memberships, no expensive monthly dues – PAY AS YOU PLAY!

To Register for Classes or Camps: Please Call Coach Chris @ (704)756.8671 -or- email: chris@belmontfitness.com

Also, offering Private, semi-private Instruction & personalized group instruction – call for pricing & availability